



## Health and Social Care

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CACHE is a leading sector specialist in Health and Social Care qualifications, with a strong heritage in learning reaching back over 70 years. Written and developed by experts, our qualifications have helped millions of learners across the world to raise professional standards.

**The Health and Social Care sector continues to evolve in line with government policy and national requirements. We recognise the need to offer a portfolio of qualifications that embraces the sector in order to maintain a skilled workforce.**

Our Health and Social Care qualifications are designed to provide learners with the knowledge and skills needed to work with some of society's most vulnerable people, including the elderly, children, and adults with learning difficulties.

### Our portfolio is growing

We are strengthening our offer to provide you with greater flexibility to develop programmes of study which meet the individual needs of your learners and employees. From September 2017, the CACHE portfolio will include over 30 new Health and Social Care qualifications to enhance our existing thriving offer.

### Developments in the sector

The adult care workforce is expected to increase by around 400,000 full time jobs by 2030, with an ageing population and less reliance on informal care, this is increasing demand for social care staff. Our continued dedication to those who care means that our qualifications will continue to meet the needs of a modern workforce.

The number of adult social care jobs is projected to grow to around 2.2 million by 2025.





## Our offer

We offer a range of qualifications from Level 1 to Level 5 which are developed specifically for learners wanting to work in Health and Social Care, and practitioners looking to develop their knowledge and skills further through meaningful continuing professional development.

The qualifications within our portfolio are fit-for-purpose. The content meets not only the needs of the learner, but also reflects the needs of the workforce, therefore contributing to improved outcomes across the Health and Social Care sector.

The Health and Social Care qualifications can be broadly categorised into 4 key areas:

- Care Conditions
- Specialist Care
- Core Practice
- Sector Specific

“We have recently moved our Health and Social Care provision over to CACHE as the qualifications respond to employer requirements, making learners extremely employable. CACHE qualifications meet our learners’ needs and provide flexibility - the breadth of the portfolio means that learners can progress with CACHE from Entry Level to Level 3 and beyond. Our experience with CACHE over the years has always been one of partnership, trust and flexibility.”

**Jacqueline Robbins**  
Course Leader, Stockton Riverside College

**STOCKTON  
RIVERSIDE  
COLLEGE**

# Care Conditions

Qualifications which fall under Care Conditions cover a range of subjects, including mental health, stroke, health conditions, learning disabilities, dementia, autism, diabetes, alcohol, and sexual health awareness.

## Mental health

Our mental health qualifications have been developed in collaboration with the NHS and Tyneside Mind, a mental health charity, to increase learners' knowledge and understanding of mental health and mental wellbeing.

CACHE qualifications in this area include:

- Level 1 Award in Mental Health Awareness
- Level 2 Certificate in Understanding Working in Mental Health
- Level 3 Certificate in Understanding Mental Health

It is estimated that **1 in 6 people** in the past week experienced a mental health problem.

## Learning disability

We have a range of qualifications which enable learners to gain knowledge and understanding of working with individuals with learning disabilities. The qualifications explore areas such as safeguarding and positive risk takings.

CACHE qualifications in this area include:

- Level 2 Certificate in the Principles of Working with Individuals with Learning Disabilities

The number of people with **learning disabilities** who will need social care services is likely to **rise 25% by 2030.**

## Dementia

Health research shows us that the number of people with dementia is likely to continue to increase and therefore it is essential that the workforce is prepared to provide a quality service for individuals.

CACHE qualifications in this area include:

- Level 2 Certificate in the Principles of Dementia Care
- Level 3 Certificate in Understanding the Principles of Dementia Care

There are **850,000 people with dementia** in the UK, with numbers set to rise to over 1 million by 2025.



The number of older people with care needs is expected to rise by more than 60% in the next 20 years.



## Diabetes

The **Level 2 Certificate in Understanding the Care and Management of Diabetes** will give practitioners a wider understanding of diabetes and how this can impact on holistic care and support needs.

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## Autism

The challenges faced by individuals with autism, and how to assess and address individual needs to enable and sustain healthy and fulfilled lives are explored in the **Level 2 Certificate in Understanding Autism** qualification.

Around **700 people per day** are diagnosed with diabetes.



## Specialist Care

Qualifications in the Specialist Care area fall under subjects such as end of life care, nutrition and health, care planning, infection prevention and control, mental capacity, medication, and counselling.

### End of life care

End of life care is a specialist area of practice. A skilled workforce is pivotal in ensuring the sector is able to provide specialist care to those nearing the end of their lives.

CACHE qualifications in this area include:

- [Level 2 Certificate in Understanding End of Life Care](#)
- [Level 3 Certificate in the Principles of End of Life Care](#)

### Nutrition and health

Practitioners have a role to play in ensuring nutritional requirements of individuals they support is maintained.

CACHE qualifications in this area include:

- [Level 2 Award in Nutrition and Health](#)

### Counselling

Our qualifications in counselling offer the opportunity to enhance a functional role through the use of counselling skills. The qualifications include an examination of some of the various schools of thought and theoretical models associated with them.

CACHE qualifications in this area include:

- [Level 2 Certificate in Counselling Skills](#)
- [Level 3 Award in Counselling Skills and Theory](#)

### Mental capacity

Our [Level 3 Award in the Awareness of the Mental Capacity Act](#) helps learners develop an understanding of the framework and values base that underpins the Mental Capacity Act.

## Sector Specific

### Working in the health sector

Our [Level 2 Certificate in Understanding Working in the Health Sector](#) is designed to give learners the opportunity to investigate a work role in the health sector and provide the underpinning knowledge needed to work effectively.

## Core Practice

Core Practice subject areas include personal safety, stress, well-being, working with children, helping skills, dignity and safeguarding, customer support, information, advice and guidance.

### Stress awareness

Our **Level 1 Award in Stress Awareness** develops learners' knowledge of the causes and effects of stress upon health. The qualification includes coverage of how to recognise signs and symptoms of stress as well as ways of preventing and reducing stress.

CACHE qualifications in this area include:

- **Level 1 Award in Stress Awareness**

In 2015/16, **stress** accounted for **37%** of all work related ill health cases.

### Dignity and safeguarding

The **Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care** reviews the principles in relation to safeguarding and duty of care, and how they are applied in everyday work contexts.



# Portfolio of Health and Social Care qualifications

The qualifications in our portfolio can be used for enrichment and extension, preparation for work, Continuing Professional Development (CPD), and progression routes.

## Level 1 Qualifications

| QUALIFICATION TITLE   | QRN        | TQT | GLH     |
|---|------------|-----|---------|
| Level 1 Award in Alcohol Awareness*   | 601/3184/6 | 30  | 27      |
| Level 1 Award in Substance Misuse*  | 501/0255/2 | N/A | 13      |
| Level 1 Award in Introduction to Health and Social Care (Adults and Children and Young People), Early Years and Childcare (Wales)       | 601/5363/5 | N/A | 101     |
| Level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings   | 600/1211/0 | N/A | 83-101  |
| Level 1 Award in Mental Health Awareness*   | 501/0253/9 | 30  | 24      |
| Level 1 Award in Nutrition and Health*  | 600/5142/5 | 50  | 43      |
| Level 1 Award in Personal Safety Awareness*   | 600/6380/4 | 20  | 18      |
| Level 1 Award in Preparing to Work in Adult Social Care   | 600/1213/4 | N/A | 53      |
| Level 1 Award in Safeguarding in a Learning Environment*  | 600/5515/7 | 40  | 26      |
| Level 1 Award in Sexual Health Awareness*   | 501/0254/0 | 10  | 9       |
| Level 1 Award in Stress Awareness*  | 600/5976/X | 30  | 24      |
| Level 1 Award in Working with Children*   | 501/0417/2 | 110 | 100     |
| Level 1 Certificate in Introduction to Health and Social Care (Adults and Children and Young People), Early Years and Childcare (Wales) | 601/5364/7 | N/A | 245-279 |
| Level 1 Certificate in Introduction to Health, Social Care and Children's and Young People's Settings                                   | 600/1212/2 | N/A | 212-234 |
| Level 1 Certificate in Well-Being*  | 601/4182/7 | 130 | 103-123 |
| Level 1 Diploma in Introduction to Health and Social Care (Adults and Children and Young People), Early Years and Childcare (Wales)     | 601/5365/9 | N/A | 329-369 |
| Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings                                       | 600/4797/5 | N/A | 307-342 |



## Level 2 Qualifications

| QUALIFICATION TITLE  | QRN        | TQT | GLH     |
|--|------------|-----|---------|
| Level 2 Award in Awareness of Dementia   | 600/3095/1 | N/A | 72      |
| Level 2 Award in Awareness of End of Life Care   | 600/4893/1 | N/A | 28      |
| Level 2 Award in Employment and Personal Learning Skills in Health   | 600/7215/5 | N/A | 64      |
| Level 2 Award in Employment Responsibilities and Rights in Health, Social Care or Children and Young People's Settings | 600/0046/6 | N/A | 24      |
| Level 2 Award in Food Safety in Health and Social Care and Early Years and Childcare Settings                          | 600/2540/2 | N/A | 15      |
| Level 2 Award in Health and Social Care  | 601/9038/3 | 143 | 123     |
| Level 2 Award in Helping Skills*   | 601/7154/6 | 70  | 52      |
| Level 2 Award in Nutrition and Health*   | 501/0038/5 | 120 | 98      |
| Level 2 Award in Promoting Food Safety and Nutrition in Health and Social Care or Early Years and Childcare Settings   | 600/2541/4 | N/A | 58-62   |
| Level 2 Award in Stroke Awareness*   | 600/4762/8 | 30  | 28      |
| Level 2 Award in Supporting Individuals with Learning Disabilities   | 600/4041/5 | N/A | 88-113  |
| Level 2 Award in the Prevention and Control of Infection   | 600/3096/3 | N/A | 70      |
| Level 2 Certificate in Assisting and Moving Individuals for Social Care Settings                                       | 600/1884/7 | N/A | 101-112 |
| Level 2 Certificate in Awareness of Mental Health Problems*  | 601/3438/0 | 160 | 160     |
| Level 2 Certificate in Common Health Conditions*   | 601/4306/X | 150 | 121-148 |
| Level 2 Certificate in Counselling Skills*   | 600/0728/X | 160 | 120     |
| Level 2 Certificate in Customer Service for Health and Social Care Settings*   | 603/0483/2 | 150 | 94      |
| Level 2 Certificate in Health and Social Care  | 601/8854/6 | 210 | 180     |
| Level 2 Certificate in Healthcare Support Services   | 600/6216/2 | N/A | 150-323 |
| Level 2 Certificate in Information, Advice or Guidance*  | 601/4321/6 | 150 | 114-120 |
| Level 2 Certificate in Mental Health Awareness*  | 600/6134/0 | TBC | 130     |
| Level 2 Certificate in Nutrition and Health*   | 600/9966/5 | TBC | 114     |
| Level 2 Certificate in Preparing to Work in Adult Social Care  | 600/0047/8 | N/A | 179     |
| Level 2 Certificate in Principles of Working with Individuals with Learning Disabilities*                              | 601/1687/0 | TBC | 143     |
| Level 2 Certificate in the Principles of Care Planning*  | 601/7566/7 | TBC | 155     |
| Level 2 Certificate in the Principles of Dementia Care*  | 600/6355/5 | TBC | 123     |

## Level 2 Qualifications

| QUALIFICATION TITLE   | QRN        | TQT | GLH     |
|---|------------|-----|---------|
| Level 2 Certificate in the Principles of End of Life Care*  | 601/3818/X | TBC | 135     |
| Level 2 Certificate in the Principles of the Prevention and Control of Infection in Health Care Settings* | 600/9312/2 | TBC | 111     |
| Level 2 Certificate in Understanding Autism*  | 601/6330/6 | TBC | 152     |
| Level 2 Certificate in Understanding Behaviour that Challenges  | 603/1062/5 | 153 | 130     |
| Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care*            | 601/3119/6 | TBC | 145     |
| Level 2 Certificate in Understanding End of Life Care*  | 600/9523/4 | TBC | 110     |
| Level 2 Certificate in Understanding the Care and Management of Diabetes*                                 | 600/9311/0 | TBC | 105     |
| Level 2 Certificate in Understanding the Safe Handling of Medication in Health and Social Care*           | 601/3404/5 | N/A | 120     |
| Level 2 Certificate in Understanding the Safe Handling of Medicines*                                      | 501/0037/3 | TBC | 110     |
| Level 2 Certificate in Understanding Working in Mental Health*  | 600/6133/9 | 140 | 120     |
| Level 2 Certificate in Understanding Working in the Health Sector*  | 601/4128/1 | 160 | 120     |
| Level 2 Certificate in Understanding Working with People with Mental Health Needs*                        | 601/3434/3 | 180 | 155     |
| Level 2 Diploma in Clinical Healthcare Support  | 600/6415/8 | N/A | 343-425 |
| Level 2 Diploma in Health and Social Care (Adults) for England  | 501/1264/8 | N/A | 319-396 |
| Level 2 Extended Diploma in Health and Social Care  | 601/8855/8 | 420 | 360     |

## Level 3 Qualifications

| QUALIFICATION TITLE  | QRN        | TQT | GLH    |
|--|------------|-----|--------|
| Level 3 Award in Awareness of Dementia                             | 600/3085/9 | N/A | 86     |
| Level 3 Award in Counselling Skills and Theory*                    | 601/7156/X | 120 | 80     |
| Level 3 Award in Employment and Personal Learning Skills in Health | 600/7216/7 | N/A | 64     |
| Level 3 Award in Health and Social Care                            | 601/6108/5 | 215 | 180    |
| Level 3 Award in Paediatric First Aid                              | 603/0752/3 | 16  | 12     |
| Level 3 Award in Supporting Individuals with Learning Disabilities | 600/4037/3 | N/A | 83-122 |
| Level 3 Award in the Awareness of the Mental Capacity Act*         | 601/3621/2 | TBC | 28     |
| Level 3 Certificate in Health and Social Care                      | 601/6109/7 | 690 | 540    |
| Level 3 Certificate in Preparing to Work in Adult Social Care      | 600/0048/X | N/A | 190    |

## Level 3 Qualifications

| QUALIFICATION TITLE   | QRN        | TQT  | GLH     |
|---|------------|------|---------|
| Level 3 Certificate in Stroke Care Management*                        | 600/4763/X | 260  | 189-248 |
| Level 3 Certificate in the Principles of End of Life Care*            | 501/0117/1 | 160  | 141     |
| Level 3 Certificate in Understanding Mental Health*                   | 601/8968/X | 211  | 153     |
| Level 3 Certificate in Understanding the Principles of Dementia Care* | 603/0196/X | 254  | 184     |
| Level 3 Certificate in Working in the Health Sector                   | 600/7436/X | N/A  | 110     |
| Technical Level 3 Certificate in Health and Social Care               | 601/8434/6 | 734  | 619     |
| Level 3 Diploma in Clinical Healthcare Support                        | 600/6215/0 | 650  | 373     |
| Level 3 Diploma in Counselling Skills*                                | 600/0727/8 | 400  | 270     |
| Level 3 Diploma in Health and Social Care (Adults) for England        | 501/1258/2 | N/A  | 315-447 |
| Level 3 Diploma in Healthcare Support Services                        | 600/6218/6 | N/A  | 172-276 |
| Level 3 Extended Diploma in Health and Social Care                    | 601/6110/3 | 1456 | 1080    |
| Technical Level 3 Extended Diploma in Health and Social Care          | 601/8435/8 | 1495 | 1189    |

## Level 4 Qualifications

| QUALIFICATION TITLE                     | QRN        | TQT | GLH     |
|---|------------|-----|---------|
| Level 4 Diploma in Adult Care (England) | 601/5672/7 | N/A | 479-534 |

## Level 5 Qualifications

| QUALIFICATION TITLE  | QRN        | TQT | GLH     |
|--|------------|-----|---------|
| Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England) (90 credits) | 601/4312/5 | N/A | 515-709 |

\*Qualifications available from September 2017

Get in touch

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