



CACHE Level 3 Diploma in
**Health & Social Care
(Adults) for England**
(QCF)

Qualification facts

About this qualification

This qualification develops the knowledge and skills for all those who wish to work in a senior role with adults in Health and Social Care settings in England. It covers a wide range of areas including supporting individuals with their physical and emotional care, daily living needs and health care procedures.

It is made up of three pathways: Generic Health and Social Care, Dementia, and Learning Disability. It also contains units from the Level 2 Diploma in Health and Social Care (Adults) for England (QCF). It is also a must-have for all those undertaking the Level 3 Health and Social Care Apprenticeship.

Entry requirements

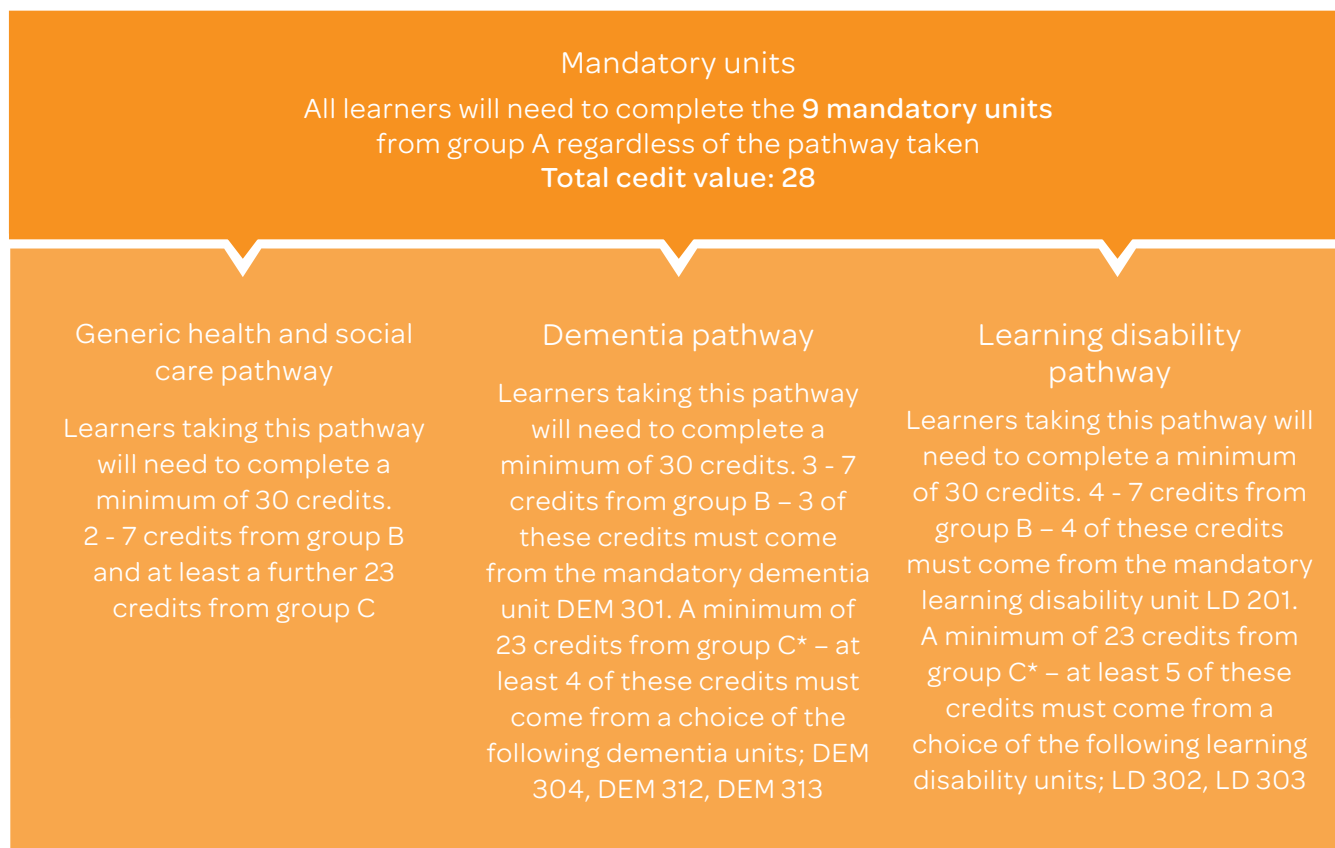
There are no formal entry requirements for this qualification but learners will need to be at least 16 years of age.

Experience in the workplace

Learners will need to be working, volunteering or on a practical placement as an important part of the assessment process involves evaluating 'skills' in real working situations.

Qualification structure

Total credits required to complete the qualification (all pathways): **58 credits** with at least 35 of these being achieved at Level 3 or above.



* 4 credits must come from the choice of Dementia or 5 credits from the Learning Disability units in group C. However, learners may choose to complete more of the LD or DEM units to make up the remaining credits if desired. Or they may choose to take any of the remaining units in this group (unless specified as barred combinations).

Group A mandatory units - for all pathways

Unit ref no.	Title	Unit type	Level	Credit
J/601/1434	Promote communication in health, social care or children's and young people's settings	Knowledge/ Skills	3	3
A/601/1429	Engage in personal development in health, social care or children's and young people's settings	Knowledge/ Skills	3	3
Y/601/1437	Promote equality and inclusion in health, social care or children's and young people's settings	Knowledge/ Skills	3	2
R/601/1436	Principles for implementing duty of care in health, social care or children's and young people's settings	Knowledge	3	1
A/601/8574	Principles of safeguarding and protection in health and social care	Knowledge	2	3
J/601/8576	The role of the health and social care worker	Knowledge/ Skills	2	2
Y/601/8145	Promote person-centred approaches in health and social care	Knowledge/ Skills	3	6
F/601/8138	Promote and implement health and safety in health and social care	Knowledge/ Skills	3	6
J/601/9470	Promote good practice in handling information in health and social care settings	Knowledge/ Skills	3	2

Group B optional and pathway units

+ Mandatory unit for Dementia pathway

++ Mandatory unit for Learning Disability pathway

Unit ref no.	Title	Unit type	Level	Credit
M/502/3146	Purpose and principles of independent advocacy	Knowledge	3	4
F/602/0097	Understand mental wellbeing and mental health promotion	Knowledge	3	3
J/602/0103	Understand mental health problems	Knowledge	3	3
J/601/3538	Understand the process and experience of dementia	Knowledge	3	3
K/601/9199	Understand the administration of medication to individuals with dementia using a person-centred approach	Knowledge	3	2
L/601/3539	Understand the role of communication and interactions with individuals who have dementia	Knowledge	3	3
Y/601/3544	Understand the diversity of individuals with dementia and the importance of inclusion	Knowledge	3	3
Y/601/8579	Understand theories of relationships and social networks	Knowledge	4	3
K/601/9493	Introduction to personalisation in social care	Knowledge	3	3
L/501/6737	The principles of infection prevention and control	Knowledge/ Skills	2	3
H/501/7103	Causes and spread of infection	Knowledge	2	2
R/501/6738	Cleaning, decontamination and waste management	Knowledge	2	2
K/601/5315	Understand the context of supporting individuals with learning disabilities	Knowledge	2	4
H/601/5703	Principles of supporting an individual to maintain personal hygiene	Knowledge	2	1
J/601/6293	Understand positive risk taking for individuals with disabilities	Knowledge	3	3
A/601/6274	Principles of supporting individuals with a learning disability regarding sexuality and sexual health	Knowledge	3	3
T/601/5317	Understand how to support individuals with autistic spectrum conditions	Knowledge	3	3
M/601/7227	Principles of supporting young people with a disability to make the transition into adulthood	Knowledge	3	3
M/601/7048	Principles of self-directed support	Knowledge	3	3
J/601/6150	Understand physical disability	Knowledge	3	3
Y/601/6167	Understand the impact of acquired brain injury on individuals	Knowledge	3	3
M/601/3467	Understand sensory loss	Knowledge	3	3
F/601/3473	Understand models of disability	Knowledge	3	3
D/504/2243	Understand the factors affecting older people	Knowledge	3	2
Y/503/8689	Understand how to provide support when working in end of life care	Knowledge	3	4
F/503/7150	Stroke awareness	Knowledge	2	3
D/503/1839	Diabetes awareness	Knowledge	3	6
H/602/3185	Understanding professional supervision practice	Knowledge	4	3

Group C optional and pathway units

+ Choice of units for Dementia pathway (a min of 4 credits must be taken)

++ Choice of units for Learning Disability pathway (a min of 5 credits must be taken)

Unit ref no.	Title	Unit type	Level	Credit
T/502/3147	Providing independent advocacy support	Knowledge/ Skills	3	6
A/502/3148	Maintaining the independent advocacy relationship	Knowledge/ Skills	3	6
F/502/3149	Responding to the advocacy needs of different groups of people	Knowledge/ Skills	3	6
M/601/0648	Recognise indications of substance misuse and refer individuals to specialists	Knowledge/ Skills	3	4
A/601/0670	Support individuals who are substance users	Knowledge/ Skills	3	7
D/501/0585	Identify and act upon immediate risk of danger to substance mis-users	Knowledge/ Skills	3	4
M/601/0682	Provide services to those affected by someone else's substance use	Knowledge/ Skills	3	4
H/501/0586	Increase awareness about drugs, alcohol or other substances with individuals and groups	Knowledge/ Skills	3	7
T/601/0666	Test for substance use	Knowledge/ Skills	3	5
D/601/0662	Carry out initial assessments to identify and prioritise the needs of substance misusers	Knowledge/ Skills	3	5
K/501/0587	Carry out comprehensive substance misuse assessment	Knowledge/ Skills	3	5
D/601/0676	Assist with the transfer of individuals, who misuse substances, between agencies and services	Knowledge/ Skills	3	1
K/501/0590	Support individuals through detoxification programmes	Knowledge/ Skills	3	3
R/601/3526	Develop and sustain effective working relationships with staff in other agencies	Knowledge/ Skills	3	4
Y/501/0598	Administer medication to individuals, and monitor the effects	Knowledge/ Skills	3	5
D/501/0599	Supply and exchange injecting equipment for individuals	Knowledge/ Skills	3	3
T/601/9187	Understand and meet the nutritional requirements of individuals with dementia	Knowledge/ Skills	3	3
+ A/601/9191	Enable rights and choices of individuals with dementia whilst minimising risk	Knowledge/ Skills	3	4
+ Y/601/4693	Understand and enable interaction and communication with individuals who have dementia	Knowledge/ Skills	3	4
+ F/601/4686	Equality, diversity and inclusion in dementia care practice	Knowledge/ Skills	3	4
T/601/8721	Undertake agreed pressure area care	Knowledge/ Skills	2	4
J/601/8027	Move and position individuals in accordance with their plan of care	Knowledge/ Skills	2	4
T/601/9027	Contribute to raising awareness of health issues	Knowledge/ Skills	3	4
A/601/9028	Provide support to continue recommended therapies	Knowledge/ Skills	3	3

Unit ref no.	Title	Unit type	Level	Credit
L/601/8028	Provide support to maintain and develop skills for everyday life	Knowledge/ Skills	3	4
L/601/8644	Facilitate learning and development activities to meet individual needs and preferences	Knowledge/ Skills	3	5
M/601/9494	Support the development of community partnerships	Knowledge/ Skills	4	5
D/601/9491	Implement therapeutic group activities	Knowledge/ Skills	3	4
H/601/9492	Support individuals to develop and run support groups	Knowledge/ Skills	3	3
M/601/9611	Prepare to support individuals within a shared lives arrangement	Knowledge/ Skills	3	4
F/601/7927	Support individuals to access and use services and facilities	Knowledge/ Skills	3	4
J/601/9601	Provide support for individuals within a shared lives arrangement	Knowledge/ Skills	3	5
R/601/8578	Support individuals in their relationships	Knowledge/ Skills	3	4
H/601/8049	Facilitate person-centred assessment, planning, implementation and review	Knowledge/ Skills	3	6
Y/601/7903	Support Individuals to live at home	Knowledge/ Skills	3	4
D/601/7904	Support individuals to manage their finances	Knowledge/ Skills	3	3
H/601/7905	Support individuals to access and manage direct payments	Knowledge/ Skills	4	6
K/601/7906	Support individuals to access housing and accommodation services	Knowledge/ Skills	3	4
R/601/8581	Support individuals to deal with personal relationship problems	Knowledge/ Skills	3	4
T/601/8282	Support individuals with specific communication needs	Knowledge/ Skills	3	5
M/601/7907	Support individuals during a period of change	Knowledge/ Skills	3	4
T/601/7908	Support individuals to prepare for and settle in to new home environments	Knowledge/ Skills	3	3
A/601/7909	Support individuals who are bereaved	Knowledge/ Skills	3	4
H/601/8147	Work in partnership with families to support individuals	Knowledge/ Skills	3	4
F/601/3764	Promote positive behaviour	Knowledge/ Skills	3	6
F/601/4056	Support use of medication in social care settings	Knowledge/ Skills	3	5
T/601/9495	Support individuals at the end of life	Knowledge/ Skills	3	7
R/601/8824	Prepare environments and resources for use during healthcare activities	Knowledge/ Skills	2	3
A/601/8980	Prepare for and carry out extended feeding techniques	Knowledge/ Skills	3	4
Y/601/9022	Undertake tissue viability risk assessments	Knowledge/ Skills	3	3

Unit ref no.	Title	Unit type	Level	Credit
R/601/8662	Undertake physiological measurements	Knowledge/ Skills	3	3
D/601/8860	Obtain venous blood samples	Knowledge/ Skills	3	3
J/601/8979	Undertake urethral catheterisation processes	Knowledge/ Skills	3	4
A/601/9174	Identify the physical health needs of individuals with mental health needs and plan appropriate actions	Knowledge/ Skills	4	5
K/601/9185	Support families in maintaining relationships in their wider social structures	Knowledge/ Skills	3	4
F/601/9029	Work with families, carers and individuals during times of crisis	Knowledge/ Skills	4	5
L/601/9034	Enable individuals with behavioural difficulties to develop strategies to change their behaviour	Knowledge/ Skills	3	8
J/601/9968	Help individuals address their substance use through an action plan	Knowledge/ Skills	3	4
Y/601/8825	Interact with and support individuals using telecommunications	Knowledge/ Skills	3	5
T/601/9738	Implement the positive behavioural support model	Knowledge/ Skills	4	8
L/601/9549	Support positive risk taking for individuals	Knowledge/ Skills	3	4
K/601/9963	Support individuals to maintain personal hygiene	Knowledge/ Skills	2	2
A/601/7215	Support person-centred thinking and planning	Knowledge/ Skills	3	5
++ D/601/7353	Provide active support	Knowledge/ Skills	3	5
++ J/601/8657	Support individuals with a learning disability to access healthcare	Knowledge/ Skills	3	3
F/602/0049	Support young people with a disability to make the transition into adulthood	Knowledge/ Skills	3	5
K/601/7047	Support parents with disabilities	Knowledge/ Skills	3	6
J/602/0053	Support individuals with self-directed support	Knowledge/ Skills	3	5
K/601/6190	Work with other professionals and agencies to support individuals with physical disabilities	Knowledge/ Skills	3	3
M/601/5817	Support families who are affected by acquired brain injury	Knowledge/ Skills	3	3
D/601/5750	Support families who have a child with a disability	Knowledge/ Skills	3	3
K/601/3483	Promote effective communication with individuals with sensory loss	Knowledge/ Skills	3	4
A/601/5190	Support individuals with multiple conditions and/or disabilities	Knowledge/ Skills	3	4
J/601/3541	Support individuals in the use of assistive technology	Knowledge/ Skills	4	4
R/601/3543	Support the assessment of individuals with sensory loss	Knowledge/ Skills	3	3
H/601/3546	Support individuals to access education, training or employment	Knowledge/ Skills	4	4

R/601/5180	Enable individuals to negotiate environments	Knowledge/ Skills	3	5
H/504/2194	Contribute to effective team working in health and social care or children and young people's settings	Knowledge/ Skills	3	4
M/504/2196	Support individuals with autistic spectrum conditions	Knowledge/ Skills	3	4
T/504/2202	Support individuals to stay safe from harm or abuse	Knowledge/ Skills	3	4
J/504/2205	Provide support to adults who have experienced harm or abuse	Knowledge/ Skills	4	5
R/504/2207	Supporting infection prevention and control in social care	Knowledge/ Skills	3	2
T/504/2216	Assess the needs of carers and families	Knowledge/ Skills	3	4
D/504/2226	Support individuals to be part of a community	Knowledge/ Skills	3	3
T/503/2575	Promote nutrition and hydration in health and social care settings	Knowledge/ Skills	3	4
M/602/3187	Develop professional supervision practice in health and social care or children and young people's work settings	Knowledge/ Skills	5	5
A/601/8025	Provide support for journeys	Knowledge/ Skills	2	2
L/601/8143	Support individuals who are distressed	Knowledge/ Skills	2	3
Y/602/2339	Facilitate the development of effective group practice in health and social care or children and young people's settings	Knowledge/ Skills	5	6
T/602/2574	Manage induction in health and social care or children and young people's settings	Knowledge/ Skills	4	3
D/601/3545	Support the promotion of awareness of sensory loss	Knowledge/ Skills	3	3
K/601/9025	Provide support to manage pain and discomfort	Knowledge/ Skills	2	2
R/601/7902	Gain access to the homes of individuals, deal with emergencies and ensure security on departure	Skills	2	2

Total guided learning hours: 315 – 447

Barred unit combinations

The rules of combination of the Level 3 Diploma in Health and Social Care (Adults) England will not allow the following unit combinations to be taken together.

- T/502/3147 with A/502/3148, F/502/3149
- A/502/3148 with T/502/3147, F/502/3149
- F/502/3149 with A/502/3148, T/502/3147
- Y/501/0598 with F/601/4056
- L/601/3539 with Y/601/4693
- Y/601/3544 with F/601/4686
- F/601/3764 with T/601/9738
- H/601/5703 with K/601/9963
- J/602/0053 with M601/7048
- M/601/7227 with F/602/0049
- J/601/6293 with L/601/9549
- R/504/2207 with L/501/6737
- M/504/2196 with T/601/5317
- Y/503/8689 with T/601/9495
- H/602/3185 with M/602/3187

Assessment

All units are assessed by the Centre. Methods used could include:

- Interpretation of knowledge from direct observation of practice in the workplace
- Written assignments
- Learner's own plans and written records
- Witness evidence
- Optional task set by CACHE
- Professional discussion
- Reflection on own practice in real work situations

Grading of all units will be either pass or refer.

Career opportunities

On completion learners can progress to a wide range of job roles depending on the pathway taken. The following list is not all-inclusive, but gives a taster of the opportunities available:

- Senior care support workers in residential settings
- Senior healthcare assistants in community and primary care environments
- Senior healthcare assistants / support workers in acute health environments
- Senior care support workers in domiciliary services or supported living
- Senior care support workers in day services
- Community-based senior support workers, including those working in specialist areas e.g. dementia, learning disabilities

For more information

Full details of this qualification can be found on our website www.cache.org.uk or our secure Centre website cachezone.

