

**Foundation Award In Caring For Children (FACC/CFCC)
Multiple Choice Question Paper**

Exemplar Paper 1

Read the following notes BEFORE you answer any questions

This question book remains the property of the council and is to be returned after the examination

- In order to complete this examination paper you require:
this question book; an answer sheet; an HB pencil and a clean rubber.
- You **MUST** use an HB PENCIL to complete **ALL** parts of the answer sheet.
- Each question shows **FOUR** possible answers (lettered 'a', 'b', 'c' and 'd'). Only **ONE** is correct.
Decide which one is correct and mark your answer on the **ANSWER SHEET** with your HB pencil.

For example if you decide 'c' is correct, mark your answer like this

1	<input type="checkbox"/>	A
	<input type="checkbox"/>	B
	<input checked="" type="checkbox"/>	C
	<input type="checkbox"/>	D

If you want to change your answer, rub out your original response thoroughly, then fill in the box for your new answer.

- Any calculations or rough work can be done in this question book.
- Only entries on the **answer sheet** will be marked.
- Attempt all questions; if you find a question difficult, leave it and return to it later.
- If you have any queries ask the invigilator before you start.

**This paper contains 40 questions.
Answer them using the 'boxes' numbered 1 to 40 on the answer sheet.
You have 1 hour to complete the test.**

Please turn over.../

1 By the age of 18 months, children are usually able to

- a draw a face
- b ask questions
- c pull off their shoes
- d build a tower of six bricks

2 During pregnancy, a woman's body usually produces high levels of

- a cholesterol
- b hormones
- c vitamin C
- d fatty acids

3 At what stage in a woman's life does she normally go through the menopause?

- a early twenties
- b late forties
- c late fifties
- d early seventies

4 What does the number of calories in a particular food measure?

- a fat
- b protein
- c energy
- d vitamins

5 When a child goes through puberty, this means that the body

- a stops producing hormones
- b grows at a much slower pace
- c begins to take on adult features
- d becomes more prone to infections

6 A child's peers are always

- a children of the same sex
- b children of the same age group
- c adults who live with the child
- d adults who look after the child

7 Which vitamin is good for the eyes and eyesight?

- a vitamin A
- b vitamin B
- c vitamin C
- d vitamin D

8 When feeding milk to one month old babies using a bottle, how much should be given to them?

- a all the milk at each feed
- b at least a quarter of the milk
- c no more than half of the milk
- d as much or as little of the milk as they want

9 The BEST way to ensure that the bottle is at the correct angle when feeding a baby is by checking that

- a the bottle is kept level
- b the liquid is totally covering the teat
- c the bubbles have floated to the top
- d the bottom of the bottle is below the baby's mouth

10 Which religious group requires meat to be 'kosher'?

- a Jews
- b Sikhs
- c Muslims
- d Rastafarians

11 If a baby aged 6 months starts waking more often at night and puts on less weight this is usually a sign that the baby

- a is ready for weaning
- b is suffering from colic
- c needs more milk feeds
- d needs a different type of milk

12 Children who suffer from a disease which prevents them from eating gluten should avoid foods containing

- a red meats
- b dairy products
- c wheat or oats
- d herbs or spices

13 Antibiotics are often used to treat

- a viruses
- b parasites
- c fungal infections
- d bacterial infections

14 To prevent threadworms in children it is important that

- a adults throw away out of date food
- b adults keep their own long hair tied back
- c everyone uses handkerchiefs instead of tissues
- d everyone washes their hands after using the toilet

15 When using a microwave it is important to

- a never use it to defrost food
- b never cover the food when heating
- c always read and follow the manufacturer's instructions
- d always add two minutes to the recommended cooking time

16 A child is unconscious, but breathing. As well as to seek emergency help, what is the other immediate action to take?

- a loosen all the child's clothing
- b place the child in the recovery position
- c insert a cushion under the child's head
- d administer mouth-to-mouth resuscitation to the child

17 A child has vomited heavily after a hard bump on the head. What is the immediate action to take?

- a encourage to sleep
- b get emergency help
- c give some light food
- d offer a drink of milk

18 A fridge has three shelves and a salad drawer. Where is the BEST place to store a pack of raw chicken?

- a top shelf
- b middle shelf
- c bottom shelf
- d salad drawer

19 A child in an early years setting slips and grazes an arm. What is the MAIN reason for informing the child's parents of this incident?

- a in case the parents decide to sue
- b to reassure the child about the injury
- c in case the child needs more treatment
- d to obtain permission to call a first aider

- 20 As a result of the Children Act (1989), children can only be removed from their parents if
- a the parents are in agreement
 - b the child is likely to be harmed
 - c the child is above the age of five
 - d the parents are in extreme poverty
- 21 One of the recommended ways of dealing with nappy rash is to
- a change the nappy less often
 - b leave the nappy off for short periods
 - c wet the nappy with a little water before use
 - d use nappies which are slightly too big for the child
- 22 When should young children brush their teeth?
- a last thing at night only
 - b immediately before every meal
 - c at least twice a day after meals
 - d first thing in the morning only
- 23 Which part of a child's body is MOST likely to develop a verruca?
- a ears
 - b feet
 - c hands
 - d mouth
- 24 When young children start playing their hair, sucking their thumbs and are uninterested in playing, these are usually signs that they are
- a cold
 - b tired
 - c hungry
 - d scared
- 25 If an early years setting offers play with dolls, adults should avoid
- a leaving them out all day
 - b restricting their use just to girls
 - c giving different names to each one
 - d praising children for dressing them nicely
- 26 Children aged 2 years playing on a slide should always be encouraged to slide down
- a feet first
 - b on their stomach
 - c leaning to one side
 - d with both hands behind their head
- 27 Which creative play material is unsuitable for children aged under 3 years?
- a clay
 - b glue
 - c glitter
 - d ribbon
- 28 An example of small world toys is
- a face paints
 - b hand puppets
 - c farm animals
 - d brick trolleys
- 29 What activity can help children to learn about shape and space?
- a sitting on a seesaw
 - b climbing through hoops
 - c playing with sand and water
 - d listening and dancing to music

- 30 When telling a story to a group of young children, it is important for the adult to
- talk in a loud voice
 - sit the children in a circle
 - show the pictures to the children
 - take a long pause between each paragraph
- 31 Picture lotto is MOST suitable as a game for
- babies aged 6 to 12 months
 - children aged under 3 years
 - children aged 3 to 5 years
 - children aged over 5 years
- 32 A baby gym may help a baby aged 6 months to develop
- construction skills
 - communication skills
 - fine manipulative skills
 - foot-eye co-ordination skills
- 33 Fabrics for collage activities should always be
- easy to cut
 - made from felt
 - in bright colours
 - provided in large squares
- 34 What is the correct type of sand to use for sand play?
- silver sand
 - coarse sand
 - beach sand
 - builders' sand
- 35 A child aged 3 years is playing with a hoop alongside a child aged 4 years who is playing with a pop-up toy. What type of play is this?
- parallel
 - solitary
 - associative
 - co-operative
- 36 A child aged 4 years is getting frustrated while trying to make a collage. What should the adult do?
- take away all the materials
 - ask another child to join in
 - become involved in the activity
 - find something else for the child to do
- 37 How will adults know if a play session has gone on too long?
- the adult needs to help most of the children
 - the materials and equipment are not all used
 - the children have lost interest and started to argue
 - the children have become increasingly more excited
- 38 A good way for an adult to provide positive reinforcement to a child is by
- praising good behaviour
 - being a suitable role model
 - encouraging play with a friend
 - explaining boundaries for behaviour

39 A child who is beginning to understand the need for simple rules, is likely to be between the ages of

- a 1 and 2 years
- b 2 and 3 years
- c 3 and 4 years
- d 4 and 5 years

40 An adult who is concerned that a child may be experiencing physical abuse, should FIRST contact

- a the police
- b the child's parents
- c the Children's Services Authority
- d the National Society for the Prevention of Cruelty to Children

THE END

EXEMPLAR