

**Foundation Award In Caring For Children (FACC/CFCC)
Multiple Choice Question Paper**

Exemplar Paper 2

Read the following notes BEFORE you answer any questions

This question book remains the property of the council and is to be returned after the examination

- In order to complete this examination paper you require:
this question book; an answer sheet; an HB pencil and a clean rubber.
- You **MUST** use an HB PENCIL to complete **ALL** parts of the answer sheet.
- Each question shows **FOUR** possible answers (lettered 'a', 'b', 'c' and 'd'). Only **ONE** is correct.

Decide which one is correct and mark your answer on the **ANSWER SHEET** with your HB pencil.

For example if you decide 'c' is correct, mark your answer like this

1	A
	B
	<input checked="" type="checkbox"/> C
	D

If you want to change your answer, rub out your original response thoroughly, then fill in the box for your new answer.

- Any calculations or rough work can be done in this question book.
- Only entries on the **answer sheet** will be marked.
- Attempt all questions; if you find a question difficult, leave it and return to it later.
- If you have any queries ask the invigilator before you start.

**This paper contains 40 questions.
Answer them using the 'boxes' numbered 1 to 40 on the answer sheet.
You have 1 hour to complete the test.**

Please turn over...!

1 At around age 3 months babies often start to

- a point
- b sit
- c crawl
- d babble

2 Who usually checks that a child aged 18 months is developing normally?

- a midwife
- b health visitor
- c social worker
- d playgroup leader

3 The process of puberty normally occurs in

- a babies
- b toddlers
- c teenagers
- d older people

4 Dementia is a condition linked to people who are

- a infants
- b teenagers
- c middle-aged
- d elderly

5 When working with children aged 3 years it is MOST important to

- a give them praise
- b give them a lot of toys
- c keep them excited at all times
- d keep them away from other children

6 If teenagers start smoking as a result of peer pressure, this usually means that they are being influenced by

- a the activities of their parents
- b the images shown on television
- c the behaviour of other young people
- d the messages conveyed by their teachers

7 What does the number of calories in a particular food measure?

- a fat
- b protein
- c energy
- d vitamins

8 Which food is a good source of vitamin D?

- a rice
- b eggs
- c bread
- d bananas

9 What type of milk normally is used when bottle feeding a baby?

- a soya milk
- b full fat milk
- c formula milk
- d semi-skimmed milk

10 Which religious group requires meat to be 'kosher'?

- a Jews
- b Sikhs
- c Muslims
- d Rastafarians

- 11 When heating food in a microwave it is important to
- a add a few drops of water
 - b stir it during the cooking time
 - c cover the plate or dish with kitchen paper
 - d chop everything up into very small pieces

- 12 The MAIN reason for 'expressing' breast milk is to
- a calm a restless or sick baby
 - b encourage a baby to start weaning
 - c allow another person to feed the baby
 - d increase the antibodies passed to the baby

- 13 The spread of head lice in an early years setting can be prevented by
- a putting gel on the hair
 - b regularly wetting the hair
 - c keeping the hair uncovered
 - d combing hair regularly with a nit comb

- 14 What germ in the mouth and on teeth can cause bad breath?
- a virus
 - b fungus
 - c parasite
 - d bacteria

- 15 What type of germ is athlete's foot?
- a virus
 - b fungus
 - c parasite
 - d bacteria

- 16 A fridge has three shelves and a salad drawer. Where is the BEST place to store a pack of raw chicken?
- a top shelf
 - b middle shelf
 - c bottom shelf
 - d salad drawer

- 17 To meet health and safety laws adults working at an early years setting must
- a report any hazardous equipment
 - b hold a current first aid certificate
 - c wear protective aprons at all times
 - d look at the accident book every day

- 18 Germs spread by 'ingestion' enter the body through
- a an open wound
 - b skin absorption
 - c swallowing something
 - d breathing contaminated air

- 19 The windows in an early years setting are often kept slightly open in order to
- a let smells out
 - b meet fire regulations
 - c prevent germs spreading
 - d keep rooms at the correct temperature

- 20 What type of product is MOST often used to help babies with very dry skin?
- a oil
 - b gel
 - c talc
 - d soap

- 21 When should young children brush their teeth?
- a last thing at night only
 - b immediately before every meal
 - c at least twice a day after meals
 - d first thing in the morning only
- 22 One of the recommended ways of dealing with nappy rash is to
- a change the nappy less often
 - b leave the nappy off for short periods
 - c wet the nappy with a little water before use
 - d use nappies which are slightly too big for the child
- 23 Sugary food given to children aged 2 years can have a bad effect on their
- a teeth
 - b growth
 - c kidneys
 - d circulation
- 24 When young children start twiddling their hair, sucking their thumbs and are uninterested in playing, these are usually signs that they are
- a cold
 - b tired
 - c hungry
 - d scared
- 25 Hand-eye co-ordination can be promoted by play with
- a slides
 - b play tunnels
 - c sit and ride toys
 - d large and small balls
- 26 If an early years setting offers play with dolls, adults should avoid
- a leaving them out all day
 - b restricting their use just to girls
 - c giving different names to each one
 - d praising children for dressing them nicely
- 27 What type of play happens in role play areas?
- a physical play
 - b discovery play
 - c imaginative play
 - d construction play
- 28 What is the correct type of sand to use for sand play?
- a silver sand
 - b coarse sand
 - c beach sand
 - d builders' sand
- 29 The dough used in a play session should contain
- a salt
 - b rice
 - c sugar
 - d butter
- 30 Which creative play material is unsuitable for children aged under 3 years?
- a clay
 - b glue
 - c glitter
 - d ribbon

31 Which item is MOST useful for a collage session?

- a ruler
- b rolling pin
- c strong glue
- d wax crayon

32 Suitable items for water play are

- a corks
- b beads
- c masks
- d puppets

33 An adult should always go over to a child aged 4 years who is playing, when the child is

- a using scissors
- b choosing a toy
- c enjoying the activity
- d showing signs of frustration

34 After playing in sand, it is important that children

- a have a drink
- b wash their hands
- c wipe up any spills
- d put the equipment away

35 A child's gross motor skills can be developed by

- a reading a story
- b singing a rhyme
- c drawing a large picture
- d dancing to an action song

36 A child aged 3 years is playing with a hoop alongside a child aged 4 years who is playing with a pop-up toy. What type of play is this?

- a parallel
- b solitary
- c associative
- d co-operative

37 When using a water tray at an early years setting it is MOST important to

- a provide warm water
- b change the water regularly
- c add some colour to the water
- d fill the water tray up to the top

38 Being a good role model usually means

- a providing clear rules
- b having a sense of fun
- c setting a positive example
- d thinking about useful ideas

39 When setting boundaries for children aged 5 years, adults should

- a make up some games with rules for children
- b make sure that children follow instructions
- c put up a list to show what children should do
- d help children to understand the reasons for the boundaries

40 An adult who is concerned that a child may be experiencing physical abuse, should FIRST contact

- a the police
- b the child's parents
- c the Children's Services Authority
- d the National Society for the Prevention of Cruelty to Children

THE END